

1.

2.

3.

		Qnet. ar	(Vdaf)	St. d	Mt	Na ₂ O	DT
50mm		4000kcal kg	25%	3.0 %	8%	2.0%	1350
		3000kcal kg	25%	4.5 %	---	2.0%	---

1.

5

1000

2

2024 1 25 10

< 1 10

1

2

15

8

3000

2

15

8

5000

20 /

8000

0.02 / .

3.

13%

4.

10

2304343109122102320

5.

3

6.

10

7.

10

8.

90% 110%

90%

110%

0.002 / .

0.002 / .

9.

0.02 / .

10.

Qnet. ar 4000 St. d 3. 0% Vdaf 25% 2. 0% Q. xxx / .	1. 4000 Qnet. ar 3500 Kcal / 100 0. 001 / . 2. 3500 Qnet. ar 3000 Kcal / 100 0. 002 / . 3. Qnet. ar 3000 Kcal / 100 0. 005 / . 4. 100 8000 < 12000 8000 0. 02 / . >12000 12000 0. 03 / .	1. 3. 0%-St. d 3. 5% St. d 0. 1 2. 3. 5%-St. d 4. 0% St. d 0. 1 3. St. d>4. 0% St. d 0. 1 4 : Vdaf >25% Vdaf 1 / . 2. 0% 1. 2. 0%-Na ₂ O 3. 5% 0. 1 5 2. 3. 5%-Na ₂ O 4. 5% 0. 1 10 3. Na ₂ O>4. 5% 0. 1 20	95-110% 90% <95% 80% -0. 002 / . <90% -0. 004 / . 70% <80% -0. 006 / . 60% <70% -0. 008 / . 50% <60% -0. 010 / . 40% <50% -0. 015 / . -0. 020 / . <40%		
	Qnet. ar 3000Kcal / St. d 4. 5 % Vdaf 25%	<3000 4. 5% Vdaf>25% Na ₂ O 2. 0%			
	(/ .)	(%)	%	Na ₂ O	
		25%	3. 0%	4000	2. 0%

1. 1000 3
- 2.
3. Qnet. ar 4000kcal St. d 3. 0% Vdaf 25% 2. 0%
- 4.
- 5.
- 6.